

July 2010 Testimonial from Mike Carpenter, Farmington Hills

As a 52 year old man with an active/fit lifestyle and regimented workout routine, I've encountered my fair share of sports related injuries including low back issues.

In the past, all of my low back problems were easily cured with a short series of chiropractic adjustments. I have been receiving chiropractic care from Dr. Gerou since 1996

On May 1, 2010 while helping a friend move from one home to another, I was carrying a mattress and tripped and fell. This accident caused the most traumatic and painful back injury of all. I was hobbled up and walking crooked and sitting was almost impossible

I immediately sought the help of Dr. Gerou and started receiving 3 times weekly chiropractic adjustments. After 3 weeks of adjustments, I realized I was only getting temporary relief. I asked Dr. Gerou what my options were at this point and he suggested an MRI and possibly spinal decompression therapy along with continued adjustments. After having an MRI which showed I had sustained a herniated/displaced disk, Dr. Gerou stated I would be a good candidate for spinal decompression therapy.

On June 1st, 2010, I started the first of 20 scheduled sessions of spinal decompression therapy. After 5 or 6 sessions, I noticed how straight I was walking and daily functions such as putting on a pair of socks was becoming much easier. After completing 10 sessions, I was back in the gym performing light weight lifting exercises and rollerblading as well.

I can honestly say that after completing my 20 sessions of spinal decompression therapy, I'm cured and back to an active and fit lifestyle.

In closing, I would highly recommend spinal decompression therapy as a proactive and sensible alternative to surgery or physical therapy.

Mike Carpenter
Farmington Hills

14 year patient of Dr. Gerou